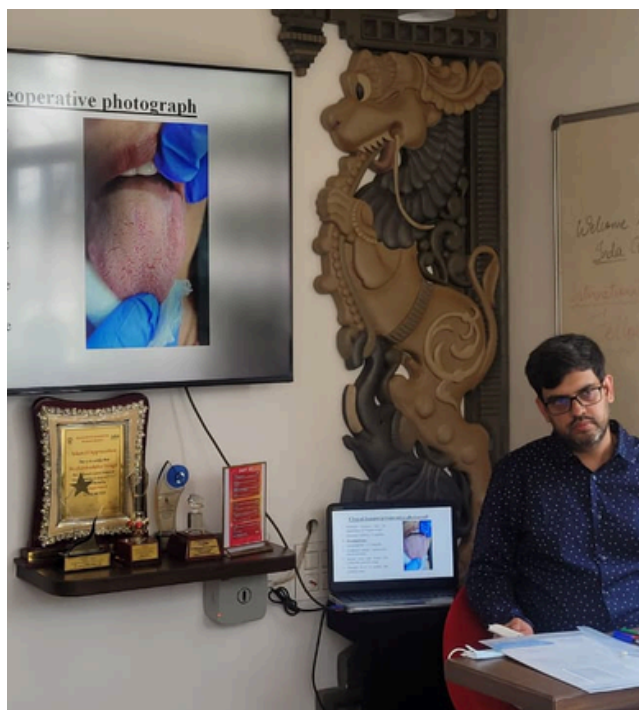


# THE LASER TIMES

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## HIGHLIGHTS

The International Research Fellowship Hands-on Module at YHF Laser Institute, Hubli was a two-day intensive course designed as a culmination of clinical learning and application. Distinguished Fellows, already accomplished clinicians, presented their documented cases, performed Live procedures, and explored evolving clinical dynamics in Laser Dentistry.



## INTERNATIONAL RESEARCH FELLOWSHIP



Structured from focused lectures to immersive hands-on sessions, the module offered a seamless transition from knowledge to execution. Under the Lead mentorship of Prof. Chandrashekar Yavagal, the experience emphasised peer-driven learning, protocol refinement, and real-time clinical decision-making, making it a truly elevated academic and practical exchange.



**“INTERNATIONAL RESEARCH FELLOWSHIP  
ADVANCED CLINICAL MODULE AT YHF  
LASER INSTITUTE, HUBLI”**

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## CLINICAL EXCELLENCE IN ACTION

The Associate Fellowship Hands-on Series commenced at the AALT Centre, Calicut, with a high-impact session led by Dr. Deepthi Cherian.

Designed as a complete clinical journey, the program moved seamlessly from Foundational Principles to Advanced Laser Dentistry concepts delivered with clarity and precision.

Conducted in a structured academic setting, the session focused on deep conceptual understanding, case-based discussions, and guided hands-on demonstrations, ensuring every fellow could translate knowledge into clinical confidence.



## HANDS-ON DENTISTRY MASTERCLASS



A strong and refined start to the series, where learning wasn't just covered, but clearly understood and ready to be applied



**“ASSOCIATE FELLOWSHIP – HANDS-ON  
SERIES BEGINS AT CALICUT,  
AALT CENTER”**

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## HIGHLIGHTS

The Associate Fellowship Hands-on Series continued in Bangalore with a comprehensive session led by Dr. Akshaya Lal.

The program was designed as a complete clinical journey, moving from Foundational Principles to advanced Laser Dentistry applications with clarity and structure.

Through insightful case-based discussions and guided hands-on demonstrations on simulation models, fellows were able to bridge the gap between theory and execution.

Every element of the session was designed to ensure that learning translated into confident clinical understanding.



## CONFIDENCE THROUGH CLINICAL TRAINING



A well-rounded, high-value experience focused on building precision, perspective, and practical readiness in Laser Dentistry

**“ASSOCIATE FELLOWSHIP HANDS-ON SERIES  
BANGALORE, AALT CENTER”**

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## LASER STAR OF THE MONTH



**Dr. Manasvi Behl**

- **Postgraduate Diploma in Epidemiology & Public Health**
- **Associate Fellowship in Laser Dentistry and Photomedicine (AALT, Singapore)**
- **MBA in Healthcare Services**

## DR. MANASVI BEHL

Dr. Manasvi Behl, Founder of Complete Dental Solutions and Director of Meira Global Foundation, brings 14 years of clinical expertise with a strong focus on advanced Laser Dentistry.

Inspired by Prof. Dr. Chandrashekar Yavagal and his vision of the “Photochemical Era,” she believes Lasers are transforming Dentistry from Fear-driven to Comfort-driven care.

Her practice centres on minimally invasive, healing-first treatments using Diode Lasers, Photobiomodulation, and advanced diagnostics like OralBlu for early Oral Cancer screening and prevention.

For Dr. Behl, Lasers are not merely surgical tools but a way to reduce pain, enhance healing, and restore patient confidence. Guided by a strong Safety First philosophy, she is committed to making gentle, painless, and technology-driven dentistry the new standard of care for every family.

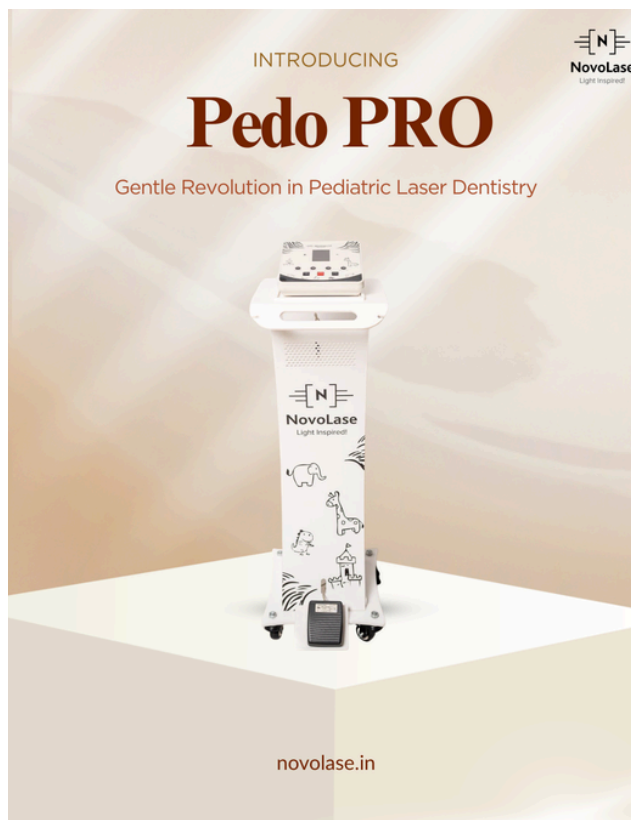


**“GENTLE LASER DENTISTRY FOCUSED ON COMFORT, HEALING, AND PATIENT CONFIDENCE.”**

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## LASER PRODUCT OF THE MONTH



Pedo PRO is the first UK patented Pediatric Dental Laser unit specially designed for delicate Pediatric tissues using advanced “Gentle Pedo Pulses” technology. Built on the versatile 810 nm wavelength, it combines Surgery, Photobiomodulation (PBM), Photodynamic Therapy (PDT), Whitening, and advanced Endodontic applications in one compact platform.

Its unique ‘pulse’ architecture delivers controlled firing and relaxation cycles that minimise thermal trauma while improving precision, comfort, and healing for young patients. Pedo PRO also features dedicated innovations such as the Pedo PBM Tip, Flexi-18 Polyamide Endodontic Tip, Laser Prism Whitening System, Enabuild Remineralising Strips, and Chitosan Enriched IC Green PDT protocols. PedoPro represents a gentle, minimally invasive, and child-friendly advancement in modern Pediatric Laser Dentistry.

**“Gentle Laser innovation designed  
Exclusively for modern Pediatric  
Dental Excellence”**

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## LASER EVENT OF THE MONTH

Dr. Mohini Daultani's "DECODE LASER DENTISTRY FROM BASICS TO ADVANCED" was a focused two-day exclusive clinical workshop designed to help clinicians understand and confidently integrate Laser Dentistry into everyday practice. Conducted as an intensive one-on-one training for two participants, the program delivered a highly personalised learning experience with direct mentorship and hands-on clinical exposure



The workshop progressed from foundational Laser theory to practical execution. Beginning with understanding Laser physics, tissue interaction, and clinical protocols, followed by hands-on training on goat jaws, and finally transitioning into Live patient applications under guidance. Participants experienced the complete workflow of Laser-assisted Dentistry in a structured, step-by-step manner, enabling them to translate theory into real clinical confidence.



More than just a training program, DECODE LASER DENTISTRY FROM BASICS TO ADVANCED was an immersive clinical experience aimed at building precision, clarity, and advanced practical understanding in modern Laser Dentistry.



**“CLINICAL SKILLS BEYOND BASICS”**

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## LASER CASE OF THE MONTH



## Laser Success Story

Dr. Sai Shreya from Sky Dental Wellness Centre successfully managed a 32-year-old female patient seeking treatment for prominent yellow stains caused by frequent black coffee consumption.

The patient reported drinking black coffee 3–4 times daily, leading to noticeable extrinsic staining and a desire to improve both her smile and lifestyle habits.

Clinical examination revealed no contraindications, and the baseline tooth shade was recorded as A3.

After obtaining informed consent, oral prophylaxis and polishing were performed, following which the Whitening procedure was initiated using the Novolase Gold 2.0 with the Teeth Whitening Prism attachment and Misty Aster ProKit by Novolase Technologies.

The Whitening protocol utilised an 810 nm at 4W for Laser activation, while 650 nm at 0.3W was applied for 4 minutes per quadrant to minimise post-treatment sensitivity. This was followed by a 20-minute oxidation phase to enhance the whitening effect.

To maintain long-term results and enhance patient satisfaction, Novolase 24K Gold Whitening Strips were prescribed for 7 days.

**“Coffee Stains to Confident Smiles: Laser-Assisted Teeth Whitening with Enhanced Comfort and Sensitivity Control”**